

Montgomery County Community College  
HSW 202  
Theories of Individual Counseling  
3-3-0

COURSE 1 0 61G S97(S)-IPeh



17. Counseling Techniques Associated with CBT, Positive Psychology and Existentialism
18. Critical Thinking Applied to Understanding and Comparing Theories of Counseling

**LEARNING MATERIALS:**

Corey, G. (2016). *Theory and Practice of Counseling and Psychotherapy* (10<sup>th</sup> ed.). Belmont, CA: Thomson Brooks/Cole.

Prochaska, J.O., Norcross, J.C. & Diclemente, C.C. (1995) *Changing for Good*. New York: Avon.

Frankel, Victor E. *Man's Search for Meaning-W/New Forward* (6<sup>th</sup> ed.). Peng Rand.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

**COURSE APPROVAL:**

Prepared by: Fay Stokes	Date: 4/1998
Revised by: M.L. Whitehill, Ed.D. and M. Rose, MSW, HS-BCP	Date: 9/19/2012
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D.	Date: 9/20/2012
Revised by: Maureen B. Rose, M.S.W., HS-BCP	Date: 12/17/2017
VPAA/Provost or designee Compliance Verification:	Date: 1/10/2018



*Th . It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.*