

Montgomery County Community College  
HSW/PSY 250  
Psychology of Aging: Helping Skills in Working with Older Adults  
3-3-0

**COURSE DESCRIPTION:**

This course is an in-depth exploration of psychological theories and their applications to appreciating and working with older adults. Students will have the opportunity to gain an increased understanding of their own personal development and self knowledge in the context of the life cycle and to explore feelings about the aging process. Classroom experiences that focus on enhancing communications skills will be designed to enable



